



# Hit N Run

**Count:** 32

**Wall:** 4

**Level:** Beginner / Intermediate

**Choreographer:** Ross Brown (UK)

**Music:** Lipstick by Jedward (138 BPM), CD; Lipstick [Length . 2:55]

**Intro:** 8 Counts (Approx. 4 Secs)

## **TOUCH BALL CROSS. BACK, SIDE. CROSS SHUFFLE. ¾ TURN R.**

- 1 & 2 Touch right next to left, step right next to left, cross step left over right.  
3 . 4 Step back with right, step left to the left.  
5 & 6 Cross step right over left, close left up to right, cross step right over left.  
7 . 8 Make a ¾ turn right stepping; back with left (¼), forward with right (½). (9 o'clock)

## **(¼ TURN R) TOUCH BALL CROSS. BACK, SIDE. CROSS SHUFFLE. ¾ TURN L.**

- 1 & 2 Make a ¼ turn right touching left next to right, step left next to right, cross step right over left.  
3 . 4 Step back with left, step right to the right.  
5 & 6 Cross step left over right, close right up to left, cross step left over right.  
7 . 8 Make a ¾ turn left stepping; back with right (¼), forward with left (½). (3 o'clock)

## **(¼ TURN) SIDE, HOLD. BALL, SIDE, TOUCH. X2.**

- 1 . 2 Make a ¼ turn left stepping right to the right, hold for 1 count.  
& 3 . 4 Step left next to right, step right to the right, touch left next to right.  
5 . 6 Make a ¼ turn right stepping left to the left, hold for 1 count.  
& 7 . 8 Step right next to left, step left to the left, touch right next to left. (3 o'clock)

## **SIDE ROCK. TOGETHER, SIDE ROCK. BEHIND, SIDE. CROSS SHUFFLE.**

- 1 . 2 Rock right to the right, recover onto left.  
& 3 . 4 Step right next to left, rock left to the left, recover onto right.  
5 . 6 Cross step left behind right, step right to the right.  
7 & 8 Cross step left over right, close right up to left, cross step left over right. (3 o'clock)

## **End of Dance. Start again and Enjoy!**

### **TAG 1: Danced at the end of Walls 2, 5 and 8 facing 6, 6 and 3 o'clock respectively.**

- 1 . 8 Make a full turn right as you walk around in a circle; right, left, right, left, right, left, right, left.  
**NOTE One way to remember when to do this TAG is to listen out for the loud "HEY" which is sung on Count 8 just before the TAG.**

### **TAG 2: Danced at the end of Wall 3 facing 9 o'clock.**

- 1 . 4 Repeat the first 4 counts of the dance.  
5 . 8 [Jazz Box ¼ Turn Right] Cross step right over left, step back with left, make a ¼ turn right stepping right to the right, cross step left over right.

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