

Push The Button

Choreographed by Peter Metelnick & Alison Biggs, September 2005

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4 wall – 64 count line dance

Music: Push The Button – Sugababes (start after 32 count intro, on vocals)

Available on CD single or from the CD 'Taller In More Ways'



1-8 R & L switches, R heel & hook, R forward shuffle, L forward rock & recover

1&2& Touch R to side, step R together, touch L to side, step L together

3-4 Touch R heel forward, hook R over L

5&6 Step R forward, step L together, step R forward

7-8 Rock L forward, recover weight on R

9-16 L back & hold, R together, L back & hold, R back rock & recover, R shuffle forward

1-2& Step L back, hold, step R together (*you can add a clap on the hold*)

3-4 Step L back, hold (*you can add a clap on the hold*)

5-6 Rock R back, recover weight on L

7&8 Step R forward, step L together, step R forward

17-24 L & R & L switches turning ¼ R, L hitch, L forward shuffle, R forward, ¼ L pivot turn

1&2& Touch L to side, step L together, touch R to side, step R together turning ¼ right

3-4 Touch L to side, hitch L (*you can also flick back and click your fingers as an alternative*)

5&6 Step L forward, step R together, step L forward

7-8 Step R forward, pivot ¼ left

25-32 Weave L 2, R behind-side-cross, L side & hold, R ball-cross-side

1-2 Cross step R over L, step L to side

3&4 Cross step R behind L, step L to side, cross step R over L

5-6 Step L to side, hold

&7-8 Step R together, cross step L over R, step R to side

33-40 L back touch, ½ L pivot turn, R forward, ¼ L pivot turn, weave L 2, R sailor step

1-4 Touch L back, turn ½ left stepping on L, step R forward, pivot ¼ left

5-6 Cross step R over L, step L to side

7&8 Cross step R behind L, step L to side, step R to side

41-48 Weave R 2, L behind-side-cross, R side & hold, L ball-cross-side

1-2 Cross step L over R, step R to side

3&4 Cross step L behind R, step R to side, cross step L over R

5-6 Step R to side, hold

&7-8 Step L together, cross step R over L, step L to side



49-56 R rock back & recover, R together, L forward & hold (clap), ½ R pivot turn, L forward, R kick ball step

1-2& Rock R back, recover weight on L, step R together

3-4 Step L forward, hold (*keeping weight on left, optional clap with hold*)

5-6 Pivot ½ right, step L forward

7&8 Kick R forward, step R together, step L forward

57-64 R forward, ¼ L pivot turn, weave L 2, R sailor step, L cross behind & unwind ¾ L

1-4 Step R forward, pivot ¼ left, cross step R over L, step L to side

5&6 Cross step R behind L, step L to side, step R to side

7-8 Touch L behind R, unwind ¾ L ending with weight on L