

HOT 'N' SWEATY

Choreographed by: Guyton Mundy & John Robinson

32-count, 4-wall Intermediate Funky Line Dance

Music: "Don't Cha" by The Pussycat Dolls featuring Busta Rhymes (Radio Edit, CD single)

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1-8 Mambo, Back-Together-Cross, Touch Out-In-Side Step, Cross, Unwind with Hitch

1&2 L rock forward (1), recover back to R (&), L step next to R (2)

3&4 R step back (3), L step next to R (&), R step across L (4)

5&6 L touch out side left (5), L touch next to R (&), L large step side left (6)

7-8 R step across L (7), unwind full turn counterclockwise hitching L knee (8)

9-16 Walk Forward, Triple Forward, Walk Back, Syncopated Steps Turning 1/2 Left,

Out-Out

1-2 L step forward diagonally left (1), R step forward diagonally right (2)

3&4 Three small steps forward: L (3), R (&), L (4)

5-6 R step back (5), L step back (6)

&7&8 R step back (&), pivot 1/2 left (to 6:00) stepping L forward (7), R step side right (&),
L step side left (8)

17-24 Look, Look, Side Body Roll, Step, Cross, Unwind, Hitch

&1-2 Turn head to look right (&), turn head to look forward (1), hold (2)

3-4 Execute a side body roll right, settling weight onto R hip (3-4)

5-6 L step in place (5), R lift getting ready to cross over L (6)

7-8 R step across L (7), unwind full turn hitching L knee (8)

25-32 Squat, Body Rotation, Syncopated Knee Pop with 1/4 Turn Right, Chase Turn, Step Forward, Touch

1-2 L step side left squatting down (1) and moving body counterclockwise right to left,
straighten up ending with weight on L (2)

3&4 R knee turn out side right (3), R knee turn forward (&), R knee turn out stepping 1/4 right
(9:00) (4)

5&6 L step forward (5), pivot 1/2 right shifting weight to R (3:00) (&), L step forward (6)

7-8 R large step forward (7), L touch next to R (8)

Start again and enjoy!